

Events This Month:

Embryology Lab Presentation Online at www.sdfertility.com

"Mystery Behind the Microscope"

Request login info by email at
seminar@sdfertility.com

Free Internet Seminar Online An educational seminar with our fertility specialists ONLINE!

More info on our website or by
email at seminar@sdfertility.com

Free Group Injection Instructions On Thursday Evenings at SDFC

Call for more information and to RSVP.

Education Topic of the Month:

Refer a Friend and Get Rewarded

Visit our display in our patient education room
or ask for more information at the front desk.

Tip of the Month

Hook up the speakers to your computer and listen to a new Internet radio show featuring topics about fertility. The 1-hour program, organized by the magazine *Conceive*, runs every Wednesday at 11am PST and talks about nutrition, emotional support, and advice from leading fertility experts. Go to www.conceiveonline.com for more information.

++ Telegram ++

Greetings from your embryos in the laboratory! In August, it's time for the annual consent for your embryos in storage. Please look for the statement in the mail.

Quote of the Month:

"The staff provides incredibly professional & caring services – exceeds most medical facilities I have both gone and worked in."
Patient's comment on a recent anonymous survey.

Newsletter Subscription:

Receive our monthly email newsletter! Subscribe by sending an email to newsletter@sdfertility.com and read helpful tips and articles in over past 40 issues in our archive at www.sdfertility.com/newsletterarchive.htm.

More to See About Third Party Programs

When patients give us feedback, we listen. Based on numerous requests from our egg donor patients, we are currently expanding the online egg donor database. Since it is very difficult to decide on a donor based on one single photograph, each donor profile will be equipped with a new photo portfolio. The photo portfolio will include various photos of the donor candidate, such as a baby or early childhood shot, a full-body and side view and close-up portrait.

In addition, we now also accept donor applications from outside the San Diego area. The application process will be very similar to the ones for local donors. Interviews and screening tests can be done without traveling to our center. By accepting outside San Diego's donors, SDFC will be able to enlarge the donor pool of highly qualified candidates to choose from.

We also are planning a "Third Party Conference" for patients. Since there have been multiple requests for more information about egg freezing and embryo donation besides egg donation and surrogacy, a patient seminar open to the public will be scheduled sometime this fall. The seminar will be sponsored by the San Diego Fertility Foundation and Snowflake, who are both non-profit organizations in California with embryo donation (aka embryo adoption) programs. The exact date of the seminar will be announced in one of the upcoming newsletters.

Single IVF Maybe Less Expensive Than Multiple IUIs Followed by IVF

A study confirms what Drs. Hummel and Kettel have known for many years.

In cases of unexplained infertility, going through IVF alone is more cost-effective and more likely to result in a pregnancy than going through IVF after multiple unsuccessful IUI cycles. Researchers at the Institute of Public Health in Cambridge, Great Britain examined the outcome of fertility treatment of 100 couples and determined the cost-effectiveness of IUI versus IVF via a mathematical model. Since fertility treatment is part of the public health plan in the UK, it is in the country's special interest to save the taxpayers' money. Even though one single cycle of IUI is less expensive than IVF, the couple has a much lower chance of getting pregnant with the first attempt. On the other hand, IVF together with ICSI has a much greater success rate on the very first try. Undergoing many attempts of IUI make it more expensive for couples, especially if the couple ends up undergoing an IVF cycle at the end anyway. "This fact is not always understandable to couples with a diagnosis of unexplained fertility", comments Dr. Hummel. He adds: "It is gratifying that a study finally showed that we can save couples expenses by going through IVF right away." The estimated cost savings calculated in the study wasn't small – the amount of money that could have been saved by the 100 cases in the study would have paid for 54 additional couples' IVF treatment.



IVF with ICSI has a much greater success rate on the very first try than IUI.