

Upcoming Events:

November 6, 2002, 6pm

Free Fertility Seminar

New Advances in Fertility Care and IVF Success Guarantee sponsored by IVP Care, Organon and La Jolla Discount Pharmacy
To RSVP all or email us.

November 13, 2002, 6pm

Embryology Lab Evening

"Mystery Behind the Microscope" sponsored by Organon

November 20, 2002, 7:30-12pm

Bagel Day: ARC Financial Plans sponsored by Organon

Tip of the Month:

Women trying to conceive should be taking prenatal vitamins and baby aspirin. Baby aspirin increases the circulation around the ovaries and the uterus, which could help stimulation and implantation and prevents formation of blood clots.

Quote of the Month:

"We tried IVF at another clinic without success. Your clinic's approach and professionalism made a difficult situation easier and our dream to become parents possible. I believe some fertility clinics without your expertise are playing with people's lives. Thank goodness we found San Diego Fertility Center! It is impossible to express our gratitude to you and your staff for making our dreams a reality." SDFC Patient announcing birth of their child.

Newsletter Subscription:

Receive our monthly newsletter per email and stay informed about fertility issues! Subscribe by sending an email to newsletter@sdfertility.com.

Variety of Financial Plans Make Fertility Treatment Possible



ARC offers additional financing alternatives for patients.

Drs. Hummel and Kettel understand that fertility treatment is stressful both physically and emotionally, and the financial implications can add another stressful dimension. In order to alleviate as much of the stress as possible, they provide a variety of different financial options from which patients can choose.

Introduced in 2001, the "IVF Success Guarantee" is still the most popular since it is based on the promise of a live birth. The "IVF Success Guarantee"

Program is also available to patients using Egg Donation or Surrogacy options. Patients also take advantage of the Center's own "Cash Global Discount Package" that offers treatments at lower fees in a two and three cycle package.

During the financial consultation the patients also get information about the financing alternatives offered by Advanced Reproductive Care Group (ARC). ARC is a national organization associated with fertility specialists, offering additional options to finance fertility treatments. Interested couples considering treatment have the opportunity to hear about the various options available at the upcoming fertility seminar November 6th. To RSVP please call the Center.

East Meets West in the Treatment of Infertility

Oriental Medicine, in use for over 2000 years, is well known for its successful support in treatment of gynecological problems including infertility.

Acupuncture is the painless insertion of hair-thin needles into the body at specific points. These points are located along energetic pathways, called meridians, through which energy or Qi ("Chee") flows. Imbalances in the flow of Qi, which may be experienced with infertility, can be corrected with acupuncture treatment. It may be very effective for stress reduction as patients often report deep relaxation during treatment and more energy afterwards. In order to determine appropriate treatment for a patient, the acupuncturist conducts a thorough exam based on oriental medical principles.

Some local acupuncture clinics utilize an integrative approach to infertility treatment combining modern medicine, such as IVF, with the ancient wisdom of oriental medicine. Ideally, acupuncture treatments begin prior to the start of a fertility cycle and may continue on a regular basis throughout the cycle. Nutritional and lifestyle counseling may also be valuable for couples trying to conceive and some acupuncturists are trained in this area. When choosing an acupuncturist to work with you during fertility treatments, look for a practitioner with experience in women's health who can meet your needs. Find an extensive list of acupuncture centers on our web site at www.sdfertility.com/conj_resources.htm.



Oriental Medicine has been used for centuries.

New Clues to How Endometriosis Affects Fertility

A report from a recent study suggests that endometriosis may cause changes in the body that reduce the effectiveness of structures that help the egg meet up with the sperm. Endometriosis, a painful condition, occurs when tissue that lines the uterus, the endometrium, exists in the ovaries, in the fallopian tubes and in the pelvic region. It was found that peritoneal fluid from the woman's abdomen with endometriosis may contain some substances that influence the movements of the cilia, whose job it is to coax an egg down the fallopian tubes. Both Dr. Kettel and Dr. Hummel treat endometriosis together with IVF treatment and hope that once these substances are identified, antibodies may be used to target the substances to boost a woman's fertility.