

Upcoming Events:

Embryology Lab Evening

October 7, 2003, 6pm

"Mystery Behind the Microscope"
sponsored by Arizona Apothecary
Shops To RSVP call or email us.

Insights Into Fertility

October 8, 2003, 6:30pm

Roundtable Discussion with 10 of
the top fertility specialists in Califor-
nia sponsored by AIA and Serono
For more information go to
americaninfertility.org.

Free Group Injection Instructions On Monday Evenings

Call for more information and to RSVP.

Bagel Day

October 16, 2003, 7:30am-12pm

Topic: Infertility Acupuncture —
sponsored by Organon
Stop by in the morning to enjoy
complementary Starbucks coffee and bagels.

Tip of the Month

Maintaining a healthy weight increases your chances of getting pregnant. According to the ASRM, being underweight results in lower levels of estrogen. On the other hand, too much body fat may cause irregular menstrual cycles, higher risk of miscarriages and lower chance of successful fertility treatments. So, keep up the good eating habits and regular exercise.

Quote of the Month:

"How do you begin to thank someone for answering your prayers? Everyone at SDFC has been so wonderful; professional yet warm and supportive. We look forward sharing great news with you in April 2004!" Thank you note from an expecting SDFC patient

Newsletter Subscription:

Receive our monthly newsletter per email and stay informed about fertility issues! Subscribe by sending an email to newsletter@sdfertility.com and read missed issues in our archive at www.sdfertility.com/newsletterarchive.htm.

Growing Number of Patients are Interested in Money Back Guarantee

Every couple meeting with Dr. Kettel or Dr. Hummel for an initial consultation meets with Kim Babb, the financial coordinator, to evaluate if they can take advantage of the IVF Success Guarantee Plan. The Success Guarantee, also known as the "Success-based Shared-risk Plan", is the most popular financial option at SDFC. Unlike other plans, ours is based on a live birth and not just pregnancy. "Couples are amazed that they get their money back without any strings attached," comments Kim Babb. "By giving them a return on their investment, they have the ability to explore other options such as a second cycle or even adoption."

How it works: For each interested patient an enrollment application must be filled out, and reviewed by SDFC according to the entry criteria. The same entry criteria apply to a 30 year old woman and to a 40 year old woman and includes preliminary testing and previous cycle outcomes.

With an increasing number of couples interested in the Money Back Guarantee, SDFC plans to incorporate an educational segment during the upcoming fertility seminars November 5 and 6, 2003. To register and for more information go to our website at sdfertility.com.



An enrollment application is filled out for each patient interested in the Money Back Guarantee.

Fall Season Packed With Free Educational Fertility Events

Sometimes brochures and web sites are not enough to get a personal impression. If you agree, especially when choosing a fertility specialist, take out your calendar! The San Diego Fertility Center is involved in a list of upcoming events that will satisfy your thirst for information to make an informed decision about fertility treatment.

On October 6, the self-support group RESOLVE is holding a meeting focusing on Uterine Abnormalities and invited Dr. Kettel as a speaker. For more information go online to www.resolve.org. **On October 7**, the embryologists at SDFC will give an insight into the IVF lab at the "Mystery Behind the Microscope" seminar. Attendees find out what happens after an egg retrieval, as well as details about embryo development and transfer. Call SDFC to RSVP.

On October 8, the American Infertility Association and Serono Pharmaceuticals are organizing a round table symposium in Manhattan Beach. If you don't mind the drive, you will meet with ten of the top fertility specialists in Southern California (including Dr. Kettel) and receive in-depth information on the latest diagnostic and treatment techniques. Reservation is required at www.americaninfertility.org. **On November 5 and 6**, Dr. Kettel and Dr. Hummel invite the public to attend a free fertility seminar. Both doctors will be presenting current topics in state-of-the-art infertility treatment. Attendees will also be educated about the IVF Success Guarantee Plan and will be able to find helpful information at the Fertility Expo about egg donor agencies, male infertility, counseling, acupuncture, yoga and other therapies.

Improved New Sperm Sorting Technique Discovered

Recent research has discovered a new biomedical technique with that separates healthy sperm from dead sperm. The technique called microfluidics uses saltwater and the natural ability of healthy sperm to swim across streamlines. On a small silicon chip, seminal fluid is placed on one end and saltwater on the other. The healthy sperm swims down towards the saltwater while the dead immotile sperm will keep flowing straight. This technique is a promising discovery and may be used in US fertility centers in the future for artificial insemination.



This newsletter is sponsored by Arizona Apothecary Shops. Visit www.fertilitymeds.us or email: info@fertilitymeds.us