

Events This Month:

**Embryology Lab Presentation
Online at www.sdfertility.com**
"Mystery Behind the Microscope"
Request login info by email at
seminar@sdfertility.com

**Free Internet Seminar Online
An educational seminar with our
fertility specialists ONLINE!**
More info on our website or by
email at seminar@sdfertility.com

**Free Group Injection Instructions
On Thursday Evenings at SDFC**
Call for more information and to RSVP.

**Education Topic of the Month:
Yoga & Alternative Therapies
Supporting Fertility Treatment**
Visit our display in our patient education room

++ Telegram ++

We are proud to acknowledge that Dr. William Hummel is the only fertility specialist in San Diego to be recognized as one of its "Best Doctors" in 2005. Every year since the program started, the members of the San Diego County Medical Society nominated Dr. Hummel to receive this honor. Congratulations to Dr. Hummel!

Tip of the Month

Don't believe everything you see on the new drama "Inconceivable" airing on NBC this fall. The stories are purely fictional and exaggerated and some situations are far from reality. If you are watching the show, keep in mind that it is not based on reality and for your entertainment only.

Quote of the Month:

"Wonderful staff—exceptional service, wish my dentist was this good! Thank you! Patient's comment about our Del Mar Surgery Center.

Newsletter Subscription:

Receive our monthly email newsletter! Subscribe by sending an email to newsletter@sdfertility.com and read helpful tips and articles in issues of the past 3 years in our archive at www.sdfertility.com/

New Patient Appointment at San Diego Fertility Center



Making sure that we have your complete medical records is the first step towards successful fertility treatment.

The staff at San Diego Fertility Center would like to partner with you to achieve our shared goal of pregnancy success. Once you decided to become a patient with us, there are certain items to prepare before your first visit. This will ensure that your treatment can start without timely delays.

Blood Work. Please have a Day 3 FSH and Estradiol blood test done. If Day 3 lands on a weekend, please have the test on your day 2 or day 4. Blood test results on Day 21 Progesterone testing are also desirable.

Semen Analysis Results. If your male partner had a semen analysis done, please inform us about the results. A semen analysis from an urologist is only necessary if known male factor.

Hysterosalpingogram (HSG). Please ask your referring gynecologist to perform a HSG. It is a non-surgical dye test to check tubal patency.

Transfer of Medical Records. Please ask your gynecologist to release your file including surgical records to our office. If applicable provide us prior fertility treatment information and results.

For HMO Patients: Insurance Authorization. Find out if your insurance requires authorization to be seen by a fertility specialist. If that is the case, please make sure your doctor's office faxes us a hard copy of the authorization to 858-794-6360.

Making sure that we have your complete medical records is the first step towards successful fertility treatment. Your first appointment will consist of a consultation with the physician and some diagnostic testing. A financial consultation will occur once a treatment plan has been established. If possible, come as a couple and bring the completed new patient forms, insurance information, and missing medical records with you. In addition, prepare the questions you want to ask. We recommend to write them down so that you don't forget anything.

IVF & Uterine Fibroids

About 40 % of all women in their reproductive lives are affected by uterine fibroids. There are three main types of fibroids, defined by their location. Intramural fibroids are embedded in the uterine wall, subserosal fibroids growing outside the uterus and submucosal fibroids, which develop in the uterine wall but extend into the uterus. Research suggests that subserosal or intramural fibroids are not serious threats to fertility. "If a woman has no known fertility problems and experiences no pain or pressure on the bladder, it is better to leave the fibroids alone", comments Dr. Hummel. Fibroid treatment may not be required if a couple already has been diagnosed with infertility and starting IVF treatment. Studies showed that women with subserosal fibroids undergoing IVF treatment appear to become pregnant as likely as women without fibroids. For the group of women with intramural fibroids the chances of implantation is about 19% lower, but has a similar delivery success rate.