

Events This Month:

**Embryology Lab Presentation
Online at www.sdfertility.com**
"Mystery Behind the Microscope"
Request login info by email at
seminar@sdfertility.com

Free Internet Seminar Online
An educational seminar with our
fertility specialists **ONLINE!**
More info on our website or by
email at seminar@sdfertility.com

**Free Group Injection Instructions
On Thursday Evenings at SDFC**
Call for more information and to RSVP.

Education Topic of the Month:
Egg Donor Agencies & Lawyers.
Visit our display in our patient education room

Tip of the Month

You might hire a contractor to take care of your home improvement projects when trying to conceive. Paint thinners, paint strippers and glycol ethers found in some paints may raise the risk of miscarriage, according to research studies.

Quote of the Month:

"Thank you all for all that you have done. Hard times are now turned into times of pride. All this we managed with you by our side, nor could we otherwise this course have run. Kindness isn't tendered on demand: You have with love, not merely out of duty. Our days are daily burnished by that beauty. Upon you love we three now proudly stand." A poem sent by a former patient.

Newsletter Subscription:

Receive our monthly email newsletter! Subscribe by sending an email to newsletter@sdfertility.com and read helpful tips and articles in issues of the past 3 years in our archive at www.sdfertility.com/newsletterarchive.htm.

Spotting—Doesn't Necessarily Mean Bad News



There are various reasons why a woman experience spotting which is in most cases harmless to the pregnancy.

One of the most frequent patient calls during fertility treatment is unexpected vaginal bleeding. This brings out the worst fears, especially in fertility patients. Fortunately, in most cases, an easy explanation can be found which doesn't have to be bad news. After an embryo transfer or intrauterine insemination (IUI), some of the possible causes might include:

Implantation Bleeding: Some of our patients experience light bleeding after a blastocyst transfer. According to Dr. Kettel, light bleeding may occur,

when the blastocyst implants in the uterus wall. This is perfectly normal.

Bleeding after Intercourse or Exercise: Sometimes sexual or other strenuous physical activity may irritate the cervix and causing light spotting.

Fibroids and Polyps: Many women develop these growths in the uterus or cervix. They are often non-cancerous, but can cause bleeding at any time in the cycle, or in early pregnancy. Often times, an ultrasound can confirm that the pregnancy is developing just fine.

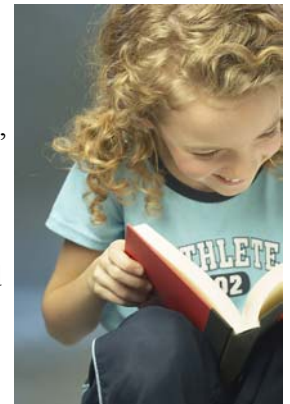
Infection: A bacterial infection of the cervix and cause occasional bleeding. It is harmless and can be cured with antibiotics.

If you experience spotting during your treatment cycle, don't panic! For your peace of mind, call our office and we'll take care of you.

IVF Children are Smarter

Researchers at the Free University in Brussels found that children who were conceived using IVF treatment with ICSI (intracytoplasmic sperm injection) on average have a higher IQ than naturally conceived children. Since its introduction in 1992, critics pointed to ICSI as potentially causing delays in an IVF baby's development and behavior. ICSI is used in a large portion of IVF treatments at the San Diego Fertility Center.

The European study observed and measured the intelligence and overall development of 151 eight-year old children conceived with IVF treatment using ICSI. Results showed that the average IQ of children conceived with fertility treatment was on average 112, while the children conceived naturally had on average an IQ of 107. For the same reasons ICSI likely does not have any impact on lower IQs it likely is not the cause for higher IQs. It is suspected that couples who had a child through infertility treatment give their child more attention than parents who conceived their child naturally.



Research suggests that IVF babies might have a higher IQ than naturally conceived children.