



Steps to Transfer Tissue (Sperm, Eggs, Embryos) from SDFC

1. We will provide you with a consent form which allows us to release your frozen eggs, sperm or embryos currently in storage with our clinic.
2. Contact the facility where the tissue is to be transported and complete any necessary paperwork for them to accept the tissue.
3. Some facilities will provide a nitrogen vapor shipper for the transport, though they may charge a fee. Most facilities including SDFC recommend that you contract with a courier/shipping company that specializes in transporting human tissue for out-of-town or international shipments.
4. For local transports when the clinic receiving the tissue will provide you with a nitrogen vapor shipper, contact the SDFC IVF Lab (858-720-3172) or transport@sdfertility.com, to arrange a transport date agreeable to us and to the facility that will be receiving the tissue. You may then pick up the shipper from the facility receiving the tissue, drive it to our Del Mar office where we will load the tissue into the shipper. You then return directly to the receiving clinic with the tissue. This should all be done in one day.
5. If using a courier/shipping company, contact them to arrange for the transport. They will contact us and the facility receiving the tissue to arrange a mutually agreeable time for the transport. Please see our contact info below.
6. Please be aware that:
 - Shipping of reproductive tissue occurs frequently, but is not free of risk
 - You have your choice of shipping providers
 - SDFC recommends you choose a shipping provider that offers shipping insurance
 - You may elect to divide your tissue into two shipments as an additional precaution
7. SDFC does not officially recommend any couriers/shipping companies, as you are free to contract with anyone you choose. However, we can provide you with the following contact information for couriers with whom we have worked. These companies will organize domestic or international shipments. In addition, we recommend working with a courier that offers insurance for the shipment, and at this time we know of two companies that offer insurance; Cryoport and IVF Couriers.
8.
 - Cryoport: www.cryoport.com, 949-232-1900
 - Kynisi Courier: www.kynisi.com, kosta@kynisi.com
 - Cryozoom: cryozoom@gmail.com
 - IVF Couriers: www.ivfcouriers.com

Our contact information:
San Diego Fertility Center IVF Lab
11425 El Camino Real
San Diego, CA 92130
Lab Phone: 858-720-3172
SDFC Fax: 858-794-6360
transport@sdfertility.com