



### Steps to Transfer Tissue (Sperm, Eggs, Embryos) to SDFC

1. We will provide you with a document (Request for Embryo-Gamete Info) that must be completed by the facility currently storing the tissue and returned to SDFC for review before any shipping arrangements are made. We will advise you as soon as we have reviewed all relevant records and approve receipt of the tissue.
2. Contact the facility where the tissue is currently stored and complete any necessary paperwork to release medical records and to release and transport the tissue from that facility. Provide them with our Request for Embryo-Gamete Info form.
3. Some facilities will provide a nitrogen vapor shipper for the transport, though they may charge a fee. For local transports only, SDFC will provide a shipper that you may hand- carry at no charge. Most facilities including SDFC recommend that you contract with a courier/shipping company that specializes in transporting human tissue for out-of-town or international shipments.
4. For local transports, contact the SDFC IVF Lab (858-720-3172) or [transport@sdfertility.com](mailto:transport@sdfertility.com), to arrange a transport date agreeable to us and to the facility currently storing the tissue. You may then pick up our shipper at our Del Mar office, drive it to the other facility where they will load the tissue into the shipper. You then return directly to SDFC with the tissue. This should all be done in one day.
5. If using a courier/shipping company, contact them to arrange for the transport. They will contact us and the facility currently storing the tissue to arrange a mutually agreeable time for the transport. Please see our contact info below.
6. Please be aware that:  
Shipping of reproductive tissue occurs frequently, but is not free of risk  
You have your choice of shipping providers  
SDFC recommends you choose a shipping provider that offers shipping insurance  
You may elect to divide your tissue into two shipments as an additional precaution
7. SDFC does not officially recommend any couriers/shipping companies, as you are free to contract with anyone you choose. However, we can provide you with the following contact information for couriers with whom we have worked. These companies will organize domestic or international shipments. In addition, we recommend working with a courier that offers insurance for the shipment, and at this time we know of two companies that offer insurance; Cryoport and IVF Couriers.

Cryoport: [www.cryoport.com](http://www.cryoport.com), 949-232-1900

Kynisi Courier: [www.kynisi.com](http://www.kynisi.com), [kosta@kynisi.com](mailto:kosta@kynisi.com)

Cryozoom: [cryozoom@gmail.com](mailto:cryozoom@gmail.com)

IVF Couriers: [www.ivfcouriers.com](http://www.ivfcouriers.com)

Our contact information:

San Diego Fertility Center IVF Lab

11425 El Camino Real

San Diego, CA 92130

Lab Phone: 858-720-3172

SDFC Fax: 858-794-6360

[transport@sdfertility.com](mailto:transport@sdfertility.com)